**[Many Ask When Does A To](#Many_Ask)****[rah Day Begin?](#Many_Ask)**

**By Sholiach Moshe Yoseph Koniuchowsky**

**A Better Question Should Be What Do You Mean By A Torah Cycle Of Time? Answering that question will lead to the logical answer of when a biblical day actually starts! Recapturing The Torah Cycles & The Shabbat-Updated 2020-2021**

**Now we all know as Solar Time keepers that the day starts at sunrise. We are those that follow Torah, Enoch, Jubilees, the Dead Sea Scrolls, the Zadokites, the order of Malki-Tzedek and even the repetitive cycles of YHUH’s creation-nature itself. The big remaining question for many is exactly when does the Shabbat end? Is it a day? Is it a concept or something far deeper and more intense?   
  
There are many spins and many more theories and we will briefly make the case for what we will call FIXED TORAH CYCLES. Traditional understanding, especially amongst those that know the truth of the Solar Times, focuses in on the few main points that most can agree on. That is to wit, that DAY=LIGHT and that NIGHT=DARKNESS. We become smug, cocky and self assured that these are the only facts we need to know, in determining when the day-yom starts and just as importantly when it ends. Let’s have a closer look to confirm this basic and well established fact.**

**Genesis- Beresheet Ch. 1:**

**3 And Elohim said, Let there be Light: and Light was.   
4 And Elohim saw The Light, that it was tov: and Elohim divided The Light from the darkness.   
5 And Elohim called The Light, Daytime, and the darkness He called Night. And the evening and the morning were Yom Echad-Day #1.**

**Now based on these facts many have concluded in their search for truth and a sincere willingness to obey YHUH fully, that there is a clear division between day and night. And there is! And that only the light portion is the day. And that is eternally true. And that one cannot and should not mix light and darkness. That also is eternally true.**

**Job 26: 10 - He has circled the mayim with boundaries, until yom and night come to an end.**

**Scripture confirms that light and darkness cannot and must not mix and must remain divided or within its own boundaries, whether it refers to light and darkness, seen with the physical eye or spiritual light and darkness.**

**2nd Corinthians 6:14 - Do not unite together in marriage or life with unbelievers: for what fellowship has tzedakah with Torah-less-ness? And what mingling has Light with darkness?**

**All these facts are beyond debate or at least should be. Yet despite these facts, Scripture is not clear when it comes to exactly how we are to know and thus approach the END OF THE SHABBAT. Based on the stated Scriptures above, it would seem that once the sun sets or light is absent, that all Torah days including the 7th day Shabbat are over.**

**Now add to these seemingly obvious statements Adon Yahusha’s very own Words in Yochanan-John Ch.11:9-YAH-USHA answered, Are there not twelve hours in the day-yom? If any man walks in the yom, he stumbles not, because he sees The Light of the olam hazeh.**

**Before we continue, let’s take a new honest and open look at this declaration. Does this truth state that once the sun goes down after exactly 12 hours of LIGHT, that the day is over and that on Shabbat we can go back to buying and selling, spending money and doing all our own pleasures? Hardly! Does the declaration above speak of a physical or a spiritual truth? The Adon Yahusha compares LIGHT, 12 hours of LIGHT, to a walk with YAH, where the talmid or follower does not trip or stumble thanks to the LIGHT of His leadership. Adon Yahusha teaches us that just as there are boundaries for light and darkness, day and night, so a born again Ruach led believer, must walk in the LIGHT OF THE MESSIAH, by dividing him or herself from the darkness of this present age through spiritual social distancing. The underlying clarion declaration is to walk in the LIGHT of His Word, His love and His plan for our lives! Can we prove that Yahusha is not referring to a literal 12 hour day, timed to the nanosecond, where the 7th day Shabbat is from sunrise to sunset and not a nanosecond more? Yes we can! Messiah stated: “Are there not twelve hours in the day-yom?” The answer is yes and no! Or it depends!**

**The only day that has about 12 hours of light and 12 hours of darkness is known as the Equilux [not Equinox] Day around March 15-16th annually. That would apply whether one were in Jerusalem or anywhere else in the world. Consultation with any time chart anywhere online, will clearly show that all days other than the so called Equilux Day, do not have 12 hours of Yom-Light followed by 12 hours of Choshech-Darkness! That applies to Jerusalem or anywhere else on earth for that matter. In the winter, daylight can be between 8-10 hours long. In the fall, daylight can be 10-11 hours long. In the summer daylight can be longer than 12 hours, as long as around 14-15 hours. What about Alaska? How many hours in a day are there? In summer close to 15 hours, in winter there are 5-7 hours in a day. Therefore if we strictly go by the literal Words of Messiah in John 11:9, there remains a huge disconnect between His literal declaration and the reality of creation-nature, even if we stick with Jerusalem time, which most do. Jerusalem time varies between 9-14 hours of light in a day depending on the season. So while this declaration refers to both spiritual and physical LIGHT, the primary message is clear. ‘Follow Me, says Adon Yahusha and not the prince of darkness, s.a.tan!’**

**Yochanan - John Ch. 8:12 confirms the spiritual calling by Messiah to be the correct primary understanding, pashat, not the literal 12 hour day which is not universal and does not even apply to Jerusalem, except perhaps one day a year. John 11:9 is hardly a clear time guideline for correct Shabbat observance, as if that were the case, Shabbat days would vary anywhere from 3-15 hours of daylight in diverse places! That would hardly give any honor- kavod to our YAH; a 5 or 6 hour Shabbat!**

**Yet, the grand question of when do all Torah days end especially the crucial 7th day Shabbat Day, remains largely unanswered to this point. Are we saying that it ends when the daylight ends? When the sun sets? When three stars are visible? Most Solar Times followers will swear dogmatically that it does. After much prayer and meditation, having recently received correction from our Abba after many years of sunrise to sunset observance, we will proceed to carefully demonstrate this not to be the case at all.**

**Scripture is clear that the day starts at sunrise and technically ends at sundown or the cessation of light. No argument there! However does our rest or cessation from work and evil end at sundown? Now, before we tackle the question by providing you with the simplest and clearest answer from Torah, first consider this warning from Amos the navi-prophet!**

**Amos 8:4-6 - Hear this-Shema, you that swallow up the needy, even to do away with the poor of the land, Saying, When will the Chodesh-New Month [not moon] be gone, that we may sell our corn? And The Shabbat, [when will it be over], that we may set forth wheat, making the ephah small and the shekel large and falsifying the balances by deceit [return to the crooked buying, selling and shopping of the world]?**

**YHUH rebukes the attitude about being excited about Shabbat ending after just 12 hours or less of daylight, so that we can rush back to the rat race of the 6 work days and nights or back to our normal schedule. So we can go shopping or to a concert or a movie back out in the rat race. Does He want us to come out of “The Shabbat Shalom” and cheat ourselves and cheat Him of a full and complete rest period? No He does not! YHUH prefers that we linger and rest until the next morning Sunday - Yom Echad as all days start then. The darkness of the Shabbat cycle belongs to the 7th cycle, not to the first day of the new week. If the night follows day and evening and it does, then after sundown on Shabbat that night is literally THE SHABBAT NIGHT. Day One-Echad does not begin until sunrise, as we all would agree! Now notice that in the Kingdom of YHUH on earth, coming very soon, Shabbat will not be limited to sunrise to sunset, as there is no night or darkness there.**

**Chazon-Revelation Ch. 21:**

**23 And the city had no need of the shemesh-sun, neither of the yarayach-moon, to shine in it: for the tifereth-beauty of YHUH [Abba] did brighten it and The Lamb is The Light   
of it.**

**24 And the nations of those that are saved shall walk in The Light of it: and the melechim - kings of the olam - earth do bring their tifereth and honor into it.   
25 And the gates of it shall not be shut at all by day-yom: for there shall be no night there.**

**Well, how do we explain that? In the Kingdom of YAH there will be no night. The sun will never set! So does Shabbat end at sunset in the Millennial Kingdom? NO IT DOES NOT! Why not? The same reason it does not end at sunset today, as most Solar Times keepers still sadly believe.**

**When we understand that in Genesis Ch. 1 there are not 14 divisions of time, 7 days + 7 nights=14 or 21 divisions of time, 7 days + 7 evenings + 7 nights, but SEVEN COMPLETE REPEATING CYCLES OF TIME, our problem of exactly when does Shabbat end as a celebration, will be finally and conclusively answered!**

**Just like the erev or evening of a day belongs to that same day, so also the night belongs to the same CYCLE! The day and the night are divided by YHUH but YHUH placed them both within a repeating CYCLE. And, He assigned SEVEN REPEATING CYCLES to each and every week! If we look at the total picture with a correct premise, the rest will fall nicely into place and make perfect sense. And what exactly is that needed correct premise? That day and night, light and darkness, are under the umbrella or covering of and fully submitted to the concept and doctrine of THE YAH ORDAINED REPEATING CYCLE!**

**What is a cycle? It is a series of events that are regularly repeated in the same order. Please note that the re-creation account we have given in Genesis Ch. 1 & 2 is a series of events or time divisions, that repeats itself roughly every 24 hours. Therefore YHUH gave us seven repeating cycles that make up a week of repeating cycles. In order to properly understand when a cycle ends, it is vital to grasp that every cycle in the seven cycles of the orderly Torah week has three parts. Light=Day, Darkness=Night & Evening, the later part of the day, leading to total darkness. These cycles are perfect in their creation and their orderly design. Once we grasp the Torah concept of repeating cycles all else falls neatly into place. The Word of YHUH is crystal clear that a cycle ends at SUNRISE AND A NEW ONE BEGINS AT THE VERY NEXT SUNRISE, regardless of how many hours are in a day at a given place! Light and darkness and evening do not determine Shabbat compliance. They divide and set boundaries or covenants for the laws - Torot of day and night and evening. They do not set the start and stop time of a cycle or a repeated cycle of days.**

**Yirmeyahu - Jeremiah 33:**

**19 And The Word of YHUH came to Yirmeyahu, saying,   
20 This says YHUH; If you can break My brit-covenant with the yom-day and My brit-covenant with the night so that there should not be yom and night in their APPOINTED TIME - season;   
21 Then may also My brit be broken with Dawid My eved - servant, that he should not have a son to rule upon his kesay - throne; and with the Lewiym the Kohanim - Priests, My avadim.**

**Days, evenings and nights are appointed covenant times, within an orderly repeating cycle, guided by His laws - Torot. THEY DO NOT TELL US WHEN SHABBAT STARTS OR ENDS. If we do not change so as to get this right, we will continue to break the Shabbat, despite our most loving, caring and sincere intentions! The REPEATING CYCLE ALONE DETERMINES WHEN THE NEXT SUNRISE-DAY BEGINS.**

**So it is most accurate to refer to the 7 cycle week, not the 7 day week, as literally a 7 day week also must contain a 7 night week, for a total of 14 parts, the number of King Messiah; or perhaps a 21 part week, if we include the 7 evenings. That is all fine and dandy but in order to get 7 orderly repeating cycles in a week, we must see them as, well, repeating cycles. When one week follows another it is the original concept of YHUH recycling 7 cycles neatly and perfectly strung together. Thus four consecutive 7 cycles = a chodesh or a month. A careful study of verses 5, 8, 13, 19, 23 and 31 in Genesis Ch. 1 along with Genesis Ch. 2:1-3, will demonstrate that the cycle of time, day, evening and night, start and end ONLY IN THE MORNING AT SUNRISE WHEN THE NUMBER OF THE CYCLE CHANGES!**

**Therefore all cycles must be adhered to and guarded from the start of it in the morning to its ending the following morning. Make sure you grasp this. If you cling to the old understanding looking for day or night to figure out when Shabbat is or isn’t over, you will continue to be in error. From now on, in order to get this thing right, you must solely rely on the concept of repeating cycles to determine when one cycle starts and when the other ends. If you do that properly and in order, staying humble and teachable as we all must, you will not have to pull your hair out to figure out if you are truly keeping or perhaps breaking His required Shabbat observance. If you notice in Genesis Ch. 2:1-3 we have no reference to the Shabbat Day becoming evening and morning. It is the concept and calling of a continuous action and the Shabbat 7th cycle being one of CONTINUOUS CONSTRUCT. Meaning ceasing from sin and evil and resting in His finished work, is an ongoing continuous action for the rest of your believing life. That is the reason YHUH does not allow an evening or a night to be part of the 7th cycle, occurring weekly, all the way into the millennium. Both the first Shabbat cycle and the kingdom Shabbat cycles have no evening or night, so how can Shabbat end at sundown?**

**That is why on the 7th Cycle of the week The Shabbat Cycle, there is no mention of evening or night! Why? Because Yom Echad or Day One begins a new week of 7 repeating cycles, starting with sunrise on Day One, as seen in Genesis 1:5! Meaning that on Shabbat, you just keep going and resting, until the next morning; there is no evening or nighttime at which to end the Shabbat! This proves beyond debate or dispute that we must guard the 7th cycle Shabbat, until a new weekly set of 7 repeating cycles begins. That does not happen on the evening or the night of the Shabbat because from the very first Shabbat and forward, all weekly Shabbats HAVE NO EVENING OR NIGHT PORTION!! It is a continuous action of Shabbat guarding piety until a new 7 cycle week has begun! YHUH designed it that way so there would be no doubts, arguments or possible excuses! The first and every Shabbat since the Garden of Eden are all prophetic declarations of all the future Kingdom Shabbats, where there are no nights; how can Shabbat end at night, or at sundown, when Shabbat was initially designed not to have an evening or a night, as seen in Genesis Ch. 2:1-3! Did YHUH forget to put it in there? Did YHUH forget to tell us that Shabbat ends at darkness-sunset; a darkness that He did not even place there in the beginning for the first Shabbat when he rested, so hopefully we would get the point? The Alef-First Shabbat is the same as the Taf-Last Shabbat and all the weekly Shabbats in between because YHUH changes not, Revelation 21:25, Malachi 3:6, Hebrews 13:8. It cannot be clearer, if we simply are willing to take a new and exciting look at what we have long held to be true. Based on Genesis 2:20-22 YHUH began to work again on the cycle after Shabbat or the next sunrise when He immediately made a new helper for Adam!**

**What about passages like Ezekiel 46:1-2? Doesn’t it say the Millennial Temple will be open on the Shabbat DAY and closed on the Shabbat night? Not really. Have a closer look at it.**

**Ezekiel 46:1-2: This says the Master YHUH; The gate of the inner courtyard that looks toward the east shall be shut the six working days; but on The Shabbat Day [cycle] it shall be opened and in the day-yom of the new Chodesh it shall be opened.   
2 And the Nasi-Prince-Messiah shall enter by the derech-way of the porch of that gate from the outside and shall stand by the post of the gate and the Kohanim-Priests shall prepare His burnt offering and His shalom offerings and He [Prince-Messiah] shall worship [on Shabbat] at the threshold of the INNER GATE: then He shall go out; but the INNER GATE shall not be shut until the evening.**

**So what exactly is shut in the evening? The Temple? The Outer Temple Doors? The Outer Temple Gates? No! Not at all! The gate of the inner courtyard is open on Shabbat and New Month assemblies but closes at evening on Shabbat and New Month assemblies. However the outer court or the outer gates of the Temple remain open past the evening, all week long and do not close!**

**So this is quite simple to understand. This shows us that the formal service-assembly can end at evening, sundown, like most of our services do but that we remain resting in the outer yards of our homes, away from the service of the assembly that occurs in the inner court, We rest comfortably until the inner court is reopened again for the next Shabbat cycle.**

**For the remaining 6 cycles in the week, the inner gate remains closed ready to reopen at sunrise of the next 7th day cycle; while the outer courts are open 7 cycles a week!**

**Now what about Nechemyah-Nehemiah 13:19?**

**19 And it came to pass, that when the gates of Yahrushalayim began to be dark before The Shabbat, I commanded that the outer gates should be shut and charged that they should not be re-opened until after The Shabbat: and some of my avadim-servants I assigned at the gates, that no burden should be brought in on The Shabbat yom.   
20 So the merchants and sellers of all kind of items lodged outside of Yahrushalayim once or twice [before they finally got the message].**

**We can see that the dark part before the Shabbat was still considered cycle 6 with the outer gates of JERUSALEM closed! Therefore the night part of cycle # 7 also belongs to The Shabbat and those gates remained closed until the start of the first cycle, Sunday morning! The gates of the city, not the Temple, were shut on cycle 6 at dark, as a preparation time, until they reopened for the sunrise start of cycle #1 Sunday morning! Meaning no merchants could reenter the city until Sunday morning. If any were caught their hair was pulled out by Nehemiah and others!**

**If the dark part of cycle 6 was still cycle 6 BEFORE SHABBAT, then the dark part of cycle 7 was still part of Shabbat, before Cycle One and the start of a new business week, when the city gates re-opened! It is still a time to rest and relax, when the official service to YHUH and the assembly, in the inner gate of the Temple has closed and the service has concluded. It is NOT a time to rush back to shopping and sitting in weekday traffic and stress!**

**Now even if everything we presented here with the accompanying and overwhelming proof was not true, let us approach this from a purely logical point of view and we will still arrive at the same conclusion.**

**YHUH allows men to work 6 cycles of day, evening or night. Some work at night others during the evening and the day. Some with more than one job work both day and nights, in the same 24 hour cycle. We as humans reserve the right to work in both parts of the same cycle and some do. YHUH doesn’t limit us to working or enjoying just part of a cycle. All 6 working cycles are for work or our own hobbies or enjoyments. We can readily acknowledge that these 24 hours are full cycles where we have the freedom in Torah to work or pursue our own interests. Then somehow with the utmost disrespect and dishonor, often based upon bad theological understanding, many reserve the right to give YHUH’s kadosh 7th cycle, a mere partial act of obedience.**

**He gives us 6 x 24 or 144 hours and when it comes to the kadosh 7th day Shabbat cycle, we seek to argue, nitpick and cut corners either willfully or as we have done through ignorance! We return to Him somewhere between 5-14 hours of Shabbat daylight compliance, depending on where we live and what season it is. Do you really think YHUH of Hosts is pleased with that? Do you really think that Abba YHUH will continue to put up and be patient with our ignorance, while we can readily see that based on the other 6 weekly cycles, that we are all required to guard the entire weekly 7th cycle until the morning of Cycle #1 Sunday?**

**Hardly! You mean we begrudge Him the same 24 hours that He freely and lovingly grants us as our work or play time? What are we doing? What on earth have we been thinking? What on earth have we been doing? Have we been taking advantage of His grace concerning us and misapplying the freedoms He grants us for more mammon or play time? Now is the time, this is the hour, in which we need to get this fixed for our own sakes, as The Shabbat was made for us, not us for it. The Kingdom of YHUH on earth is now right around the corner, perhaps some 300 years or less away. Since weekly Shabbats are rehearsals for the coming millennial kingdom, we need to make absolutely sure that we are rehearsing correctly in preparation for it and not merely wasting our time with improper non profitable rehearsals!**

**When we cheat YHUH of the 24 hour tripartite cycle, we in essence are only cheating ourselves, our kingdom preparation, our health and prosperity in Him. He knows we need a full cycle to relax, chill out and refocus our priorities. We have been hurting ourselves by cutting the 7th cycle shorter, the only one that is declared as set apart-kadosh and not the other six that are not listed as kadosh. Is this cutting of corners or not fully understanding the 7th cycle, truly pleasing to our Abba? OF COURSE NOT!**

**Since we now know the truths about repeating cycles and the Hebraic non linear recycling of time, what needs to be done by those of us who want to fully please YHUH? Here is a short and most helpful basic check list to guide us in our adjustments, so as to fully please Abba YHUH. Please keep in mind that we ourselves have had to remain teachable and allow YHUH to correct us, as in our home we used to also end Shabbat at sundown, as it just seemed right. The list below contains some things that we not only plan on immediately implementing ourselves but we submit them to you for your own needed guidance.**

* **Stay in Shabbat mode until sunrise on Cycle-Day 1 Sunday.**
* **Do no cooking or cleaning until sunrise on Cycle-Day 1 Sunday.**
* **Do none of your own pleasure such as a ballgame, concert, movie and dinner on any part of the 7th cycle. Yeshayahu-Isaiah Ch. 58:13-14. Wait until Cycle-Day 1 Sunday.**
* **Refrain from any form or type of buying and selling for the entire 7th cycle until sunrise on Day 1 Sunday.**
* **Avoid long drives for travel, work or pleasure that requires stress and spending money such as tolls and gas. This also includes airport travel and the catching of flights until sunrise on Day 1 Sunday.**
* **Do not return to work on Shabbat night. The night of the Shabbat [technically there is no night part as seen earlier] belongs to the 7th kadosh cycle, which is YHUH’s command to you. Return to work after sunrise on Day 1 Sunday.**
* **Work only during the 6 designated work cycles. Running back to work after sundown is a sign of disrespect and lack of comprehension regarding His stated and revealed will, as stated in His Word. If this is your plight, being forced upon you, please look for a new job that will allow you to rest for a full 24 hour 7th cycle! YHUH has determined that you deserve and need it.   
    
  I have seen many people going to work after sundown and they are always tired, rundown, cannot focus fully during service and cannot enjoy the Shabbat fully, knowing that in the back of their minds that within a few hours they will be back working again, stressed out again, not to mention they are not able to abide in the sweet fellowship of believers having to always rush out the door.**

**Even the rabbinical Jews rest a full 24 hour cycle from evening to evening, not merely a few daylight hours, even though we know that the evening to evening reckoning is wrong. Shabbat guarding piety and submission requires 24 hours of rest and dedication to YAH for one full and entire cycle of designated time.**

**In conclusion please immediately pray and apply these things, as the last thing we want is to be rebuked by Him for breaking the Shabbat cycle, especially after we have worked and striven so hard for all these years and sacrificed oh so greatly to do it right! We want the rewards of obedience. Do we not? If that is your motivation, to do it right and your journey will begin afresh, starting with the next 7th cycle Shabbat carried into Day One at sunrise, with Shabbat having no true evening or night as it is written!**

***PS-We believe that the resurrection texts in the four gospels all speak of the talmidim-disciples arriving at the tomb before dawn of the weekly Shabbat cycle that began on Aviv 18. That makes perfect sense. We see Adon Yahusha celebrating Shabbat with them after His resurrection. Please see:*** [***https://www.yourarmstoisraelglobal.com/undeniable-proof-of-the-shabbat-morning-resurrection.html***](https://www.yourarmstoisraelglobal.com/undeniable-proof-of-the-shabbat-morning-resurrection.html) ***for more information!***