

Guidelines For Shabbat Observance

Ivrim/Hebrews 4:9-11

Keeping Shabbat is simple, easy, fun and should never be a burden. Here are some basic dos' and donts' for your home and congregational family.

- Shemot 16:23 no baking or cooking. Period. All meals must be premade, cold, or KEPT WARM; not heated afresh!
- Shemot 16:27. No food gathering, or food shopping, or shopping of any kind of provisions, including gas for your car! Ouch!
- It must be totally different and set apart than all other days Shemot 20:8. It should break not continue normal routines.
- Shemot 20:10 All hired hands or services in and around your home and business must not be allowed. Example, the hired help such as grass cutters and telephone repair people.
- Shemot 20:11 YHWH rested. What kind? Total. So must we. Total surrender to rest other than congregational related tasks, as the priests worked on Shabbat ONLY for the people to rest, but not to work for themselves. Shabbat is a mark that identifies you as Yisrael.
- Shemot 35:3 no fires can be started. That's means working at combustion.
- If you live in Yisrael you must observe shmeeta Wayiqra 25: 2-6.
- No personal work Numbers 15:32-35.
- Second Kings 4:23 A day to visit prophets and other men of YHWH. (Assembly). Second Kings 11:7; a day to guard YHWH's house so the people can rest and be safe.
- A day to remove and repent from evil done over the last week and rest in Yahshua's arms Yeshayahu 56:2.
- A day to fall back in love with YHWH's Name. Isaiah 56:6.
- A day to reestablish covenant and pray Yeshayahu 56: 6-7.
- A day to leave your pleasures and hobbies, golf, little league, soccer league, bowling league and drama for the kids Yeshayahu 58:13. Not doing your own ways or routines. A day to speak and meditate on His words NOT YOURS, OR OTHER HUMANOIDS! To me that means no e mails, phones, cell phones, faxes or other garbage containing HUMAN WORDS! The trick is to replace human words and ways and routines with YHWH's.
- If you do these things YHWH will make this set apart day a day for you to fly into the things of Yisrael/Jacob and also to promote you in your secular affairs as seen by this term "riding on the heights of the earth." YHWH will feed you and allow you to ride and soar over the world.
- A day for kingdom rehearsal according to Yeshayahu 66:23.
- A day for not carrying your own things. No moving or air flights, or bus trips UNLESS it is to attend a Torah assembly Yirmeyahu 17:21.

- We are not to have a secret desire to see Shabbat over with quickly so we can go back to normal business as usual. Amos 8:5.
- No business except the King's business Nehemiah 10:31. Matthew 12:35, Nehemiah 13:15.
- Mark 2:27-28 Shabbat is man's day of rest.
- Mark 3:4 A day to heal. Doctors can work for free!!!! Yipeee!
- No funerals or weddings on Shabbat Mark 16:1. You cannot schedule these events. Attending them is also highly questionable.
- Luke 4:16 a time to stand and read Scripture. Synagogue aliyah. Luke 4:31.
- Brit milah is allowed on Shabbat. It is considered a healing away from the world (ahrela/harlotry of the world) and into the covenant of the fathers John 7:23.
- Acts 1:12 walking for the sake of exercise and such is forbidden. Same with travel for pleasure. Walking for the Shabbat is permitted.
- Acts 13:27 a day to hear the prophetic voice of Yahshua.
- Acts 16:13 a day to pray and sing.
- Acts 18:4 a day to reason things out from Scripture.
- First Peter 1:7 a day to practice brotherly love.
- Colossians 2:16-17. A day to declare the future kingdom on earth.
- First Timothy 3:16. Main purpose of Shabbat is to rest in the manifestation of YHWH in Yahshua's mission to earth.
- A day to measure your gains in Yahshua First timothy 6:6.
- Second Timothy 3:5 a day to manifest the power of YHWH.
- Titus 2:12 Teaching us to renounce wickedness and worldly lusts, and to live sensibly, as tzadikim with a lifestyle of Shabbat-guarding piety, in the olam hazeh;
13 Looking for that blessed tikvah, and the beautiful appearing of the great אלהּ and our Savior יהושע ha Moshiach;

A day to renounce evil, lusts and recall Yahshua's soon coming kingdom. A weekly reminder of creation and recreation.